



A Culture of Wellbeing

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2017 Board Chair

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"Uniting Community and Building a Stronger Terrebonne." This is the Chamber's current mission statement, and one I can surely stand by. The Board members stand by this as well in their actions towards developing programs that bring quality of life to its finest in Terrebonne Parish. With the development of the Chamber of Health Initiative we will be looking at the development of the wellbeing of each person in our community. Our member employers can participate in this effort through the development of worksite wellness programs.

"I think that's a great idea, but my business is too small", is what I regularly hear

from businesses. If you have 2 or more employees you can develop a worksite wellness program. The truly successful programs are those that make a systemic change in the culture of the organization. For this type of change to happen 5 elements need to be in place: (Gallup poll published in May 2014 Business Journal)

1. Purpose – Employees need to feel like they are fulfilling a purpose both personally and professionally.

2. Social – Individuals need supportive relationships both inside and outside the workplace.

3. Financial – Persons need to have an economic environment that reduces stress and builds a safe haven.

4. Community – Individuals must like where they live and feel safe in the community environment.

5. Physical – Employees need to be in good health and have enough energy to perform their daily responsibilities.

Developing a culture of wellbeing according to these elements is an attitude and part of a value system versus a "program". John Maxwell states the number one principle for a 5-star leader is putting the people first. What he goes on to explain is when we put our team and their needs first and the team truly believes and knows that the leader cares about their overall wellbeing then their performance is at its height.

As business owners, our purpose is to provide the products and service to our customers and clients. However, we cannot do that effectively without our team. When we "oil" the gears, our employees, then the machine, our business runs

smoothly and produces goods and services.

So, I leave you with this question, how would you rate the culture of your organization using the 5 elements listed above? Are you a 5-star leader, putting the needs of your team first?

Take the first step in developing a culture of wellbeing and help us build a stronger Terrebonne!

Fletcher Signs Agreement With Delgado Community College

Fletcher Technical Community College (Fletcher) has entered into an articulation agreement with Delgado Community College to offer several Allied Health programs with a seamlessly transition in the following programs: Dietetic Technician, Medical Coding, Medical Laboratory Technician, Nuclear Medicine Technology, Ophthalmic Medical Assistant, Pharmacy Technician, Physical Therapy Technician, Radiation Therapy, Funeral Service Education, and Radiologic Technology. This agreement will allow students at Fletcher Technical Community College to begin their education at Fletcher and complete it seamlessly at Delgado Community College. This agreement will expand many educational opportunities for students in Allied Health programs at Fletcher Technical Community College. The College is excited about the avenues that this articulation agreement opens for Fletcher students.

Pictured Chancellor Kristine Strickland of Fletcher Technical Community College (left) and Chancellor Joan Davis of Delgado Community College (right)

"Fletcher Technical Community College is excited to partner with our sister institution Delgado Community College



to expand career options in Allied Health Fields," said Fletcher Chancellor Kristine Strickland. "Our goal at Fletcher is to provide our community with access to affordable training and education that will lead to high wage, high demand jobs."

"As healthcare needs in our State grow, our partnership with Delgado will allow students to access the finest in education and training right here in our Region,"

Strickland said. "This program will allow members of our community to be educated, trained and employed right here in the Bayou Region. It is through this partnership that we can leverage our resources for the greater good of our community."

"Delgado Community College is very pleased to be able to offer this exciting new range of opportunities in the Allied Health professions for students from the Bayou Region of Louisiana," said Delgado Chancellor Joan Davis. "As a longtime leader in providing education that leads to rewarding careers in these professions, Delgado will now be better positioned to make a difference in more people's lives than we ever have before."

"Our local and regional communities will be healthier, wealthier and wiser as Delgado teams

up with Fletcher Technical Community College to broaden access to professional education in healthcare, and to the jobs and other benefits that come with a better-educated workforce," Davis said.

WORKPLACE WELLNESS EXPO

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